Fellow Trip Participant:

I am in the process of making menu selections for our upcoming Grand Canyon trip. Please fill out the following Food Preference Survey and return it to me by dd/mm/yyyy **so that I can take your food preferences into consideration when I am making menu selections.**

Sincerely,

your name
you@e-mail address

Food Preferences Survey

Name:
Phone:
E-Mail:

1. How big of an eater are you? Please select...

2. What do you eat? (*select all that apply*) ☐ Omnivore ☐ Vegetarian ☐ Low Fat ☐ Quick & Easy ☐ Meat & Potatoes ☐ Vegan ☐ Other:

3. Do you have food ALLERGIES or other important diet restrictions? Please select...
   If yes, please explain

4. What Breakfast beverages do you want/need? ☐ Coffee ☐ Juice ☐ Black Tea ☐ Green Tea ☐ Herb Tea ☐ Hot Cocoa
   Please list essential supplies (evaporated milk/creamer, honey, etc):

5. What breakfasts do you prefer? Please Select... Comments:

6. Do you need snacks between meals? Please Select... Favorite snacks:

7. Do you drink soda pop? Please Select... Type & amount desired per day

8. Do you enjoy spicy/hot foods? Please Select...

9. Do you eat desserts? Please Select...

10. Do you like fresh breakfast and lunch fruit? Please Select...

11. Do you want Peanut Butter available on our river trip? Please Select...

12. What is the phrase that best represents your feelings about being in the Kitchen? Please Select...

13. Please note anything else that I should take into consideration about your eating habits:

***Note to boatmen**: *The availability of dry and cool storage space will influence menu choices. If you are providing a boat or other gear for the trip, please indicate here the size (in quarts) of your coolers and dimensions (in inches) of your dryboxes that will be used to pack food:*